

# Quaker Testimonies

Quakers' experience of the Divine affects:

- What we do in our personal lives;
- What we believe;
- Changes we work for in the wider world.

“Testimonies” are what Quakers call the ways we have found to live and act, based on our beliefs.

As a group, we find that listening to God and following God leads to:

**Peace** — seeking justice and healing for all people; taking away the causes of war in the ways we live.

**Equality** — treating everyone, everywhere, as equally precious to God; recognizing that everyone has gifts to share.

**Simplicity** — focusing on what is important and letting other things fall away.

**Integrity** — living as whole people who act on what we believe, tell the truth, and do what we say we will do.

**Stewardship** — valuing and respecting all of God's creation; using only our fair share of the earth's resources; working for policies that protect the planet.

**Community** — supporting one another in our faith journeys and in times of joy and sorrow; sharing with and caring for each other.

We strive to live our lives in accord with these values. It's not always easy, and we don't always get it right, but we do the best we can.



6410 Old Georgetown Pike, McLean, Va 22101    [Langley Hill Quakers.org](http://LangleyHillQuakers.org)  
Worship—Sundays at 10:00, 2<sup>nd</sup> Sunday of the Month at 9:30