What Do Quakers Believe?

Quakers have a wide range of beliefs. We use a variety of religious terms to describe our shared experience. We do not have a creed, but in general we agree that:

- Everyone is equal and precious before God.
- We look for that of God in every person we meet.
- All people can have a direct experience of the Divine, individually and in shared worship. We have many ways of referring to the Divine -- God, Christ, Spirit, Inward Teacher, and Inner Light among others.
- By whatever name, this experience of the Divine is universal, ongoing, and available to everyone.
- The life and teachings of Jesus are an example of faithfulness to God and compassion towards our fellow human beings.
- Paying attention to and following the Divine changes us. We try to live out our convictions every day in our actions according to the Quaker testimonies of Peace, Equality, Simplicity, Integrity, Stewardship, and Community.
- Our guiding principle is love

